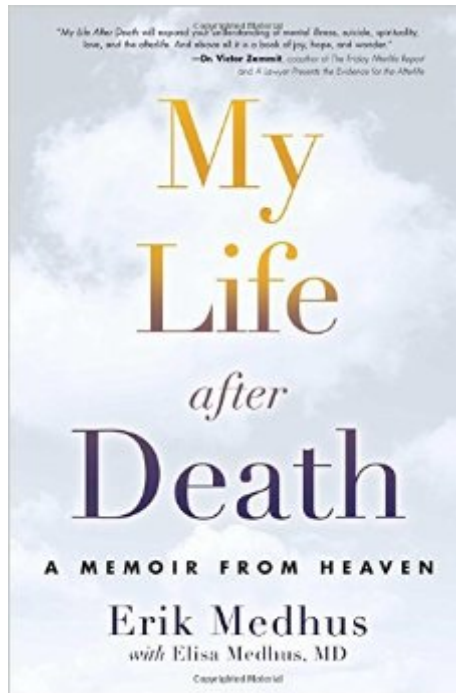


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# My Life After Death: A Memoir From Heaven



## Synopsis

In the follow-up to Elisa Medhusâ€™s *My Son and the Afterlife*—a heartfelt, deeply moving story—(Eben Alexander, New York Times bestselling author of *Proof of Heaven*)—her son Erik tells his astounding story directly from the afterlife, describing in detail his death, transition, and spiritual renewal. *My Life After Death* begins on the tragic day when Erik Medhus took his own life. What follows is a moment-by-moment account of the spiritual life he discovers on the other side—told for the very first time in his own words as channeled by medium Jamie Butler and then transcribed by his mother Elisa. Overflowing with his signature honesty and candor, Erik describes more than just a visit to the afterlife. He personally walks us through the experience of dying, transitioning into spirit form, and reveals a detailed look at the life awaiting us on the other side. In this intimate and provocative memoir, crucial questions will finally be answered, including: What does it feel like to die? What is it like to become a spirit? Why and how do spirits communicate with the living? Is there a heaven? Ultimately, Erikâ€™s story provides the answers that will help readers find solace and remove the fears surrounding death, showing that love has no boundaries and life does not truly end.

## Book Information

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Best Sellers Rank: #26,699 in Books (See Top 100 in Books) #5 in Books > Self-Help > Death & Grief > Suicide #18 in Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > ESP #44 in Books > Religion & Spirituality > New Age & Spirituality > Reincarnation

## Customer Reviews

I hate it when an author spends half the pages trying to convince me of something. This book doesn't waste ink with that. It dives right into the subject and delivers insights on every page. If you don't at least have some curiosity about life after life, you won't appreciate this book. No fluff. Unique and profound, yet not really contradictory to most other spiritual and religious thinking.

Iâ€™ve read it twice because I was too engrossed the first time to slow down and properly assimilate the information. It isn't a book to read superficially, like a novel. No doubt, it will become an international best-seller, at which point, people with rigid beliefs will show up to trash it. Then, as an ultimate sign of widespread success, someone with way too much time on their hands will write a book to debunk this book. :-)

Iâ€™m a prolific reader â€“ hundreds of books each year on widely varied topics â€“ with a lifelong interest in the metaphysical. This second book by Erik and Elisa Medhus is well-written (Iâ€™m picky about that), and for such a heavy subject, lighthearted. For those who share my lack of fortitude for graphic violence, I was able to read the parts about Erik's suicide without being traumatized. Itâ€™s now on my very short list of must-read, life-changing books. It's on my Kindle, so I can't loan it even if I wanted to, so Iâ€™ve been buying copies for trusted friends and family. If you love it and want more, find their blog, Channeling Eric. You might also appreciate *The Nature of Personal Reality* (my personal favorite of the Seth books), *The Afterlife of Billy Fingers*, and anything by Abraham-Hicks (which is the original material from which *The Secret* was written, but not credited). None of these are books to skim like a novel.

*My Life After Death: A Memoir From Heaven* was a phenomenal book to read. The word "phenomenal" doesn't even begin to cover how incredible this book is. The story follows a young man, who has taken his own life, as he explains how his afterlife is like. He provides incredible detail of the things he sees, smells, hears, and feels while exploring his way through Heaven. Not only that, but you learn of his journey to becoming a spirit guide, what God is, the concept of time, and the feelings he felt for his family after he had crossed over. You get to see from the point of view of a spirit what the after life is like, which has brought great comfort and an understanding I wouldn't otherwise have had. You actually get to go inside of Erik's head and understand his every thought and feeling leading up to his transition and afterward. His hilarious, and sometimes mildly inappropriate, sense of humor along with his colorful vocabulary involving many cuss words is what gets you hooked because he is such a relatable guy. His voice throughout the book is carried out in such a way that you are able to connect easily with him because he isn't speaking formally. You sympathize with his every word, and you are pulled in by, not only his experiences, but his compassion. It's easy to fall in love with this book from the very beginning. It's a very gripping story that will keep you hooked from start to finish. I was blown away by how easily I understood the concepts that were spoken about like timelessness and the idea that there is no true "right" or "wrong". I highly recommend this inspiring book.

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